

INICIO**MÉDIA D**END.DAS CACHOEIRAS 2019 1 DIA
TODAS CATEGORIAS**IMPORTANTE**SABADO
1 DIA

CATEGORIA:

MASTER

SENIOR

OVER 40

BRASIL

OVER 45

OVER 50

OVER 55

OVER 60

NOVATOS

DUPLAS

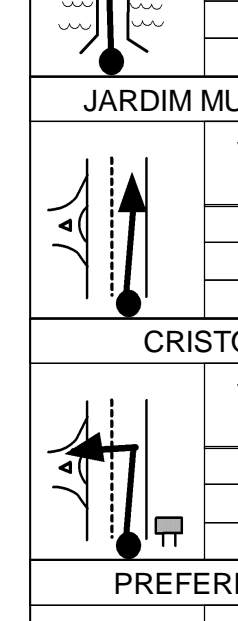
CUIDADO

ATENÇÃO

M.ATENÇÃO

Tempo de Prova

MÉDIA D 05:12:51

**INICIO DE PROVA**

PARQUE AMBIENTAL

POSTE PRETO

0.00

D 10' 00.00.00

1 T1

0.08

2 T1

CUIDADO PREFERENCIAL

0.18

3 T1

PONTE DO ARCO

0.26

4 T1

JARDIM MUZZOLON

1.18

5 T1

CRISTO REI

1.56

6 T1

PREFERENCIAL

1.82

7 T1

2.10

8 T1

2.40

9 T1

PELA ESTRADA DE PEDRA

3.00

10 T1

POR BAIXO DO VIADUTO

3.31

11 T1

3.43

12 T1

FRICESP

3.75

V 36 00.10.00

13 T2

SAINDO FRICESP

4.01

V 36 00.10.26

14 T2

4.24

V 42 00.10.49

15 T3

4.57

V 42 00.11.17

16 T3

FIM CALCAMENTO

MATADOURO

5.94

0.00

V 45 00.13.15

17 T4

0.20

V 45 00.13.31

18 T4

1.53

V 38 00.15.17

19 T5

2.13

V 38 00.16.14

20 T5

2.35

V 38 00.16.35

21 T5

2.49

V 38 00.16.48

22 T5

2.68

V 38 00.17.06

23 T5

3.00

V 38 00.17.36

24 T5

3.13

V 32 00.17.49

25 T6

3.22

V 32 00.17.59

26 T6

3.32

V 32 00.18.10

27 T6

3.35

V 32 00.18.13

28 T6

3.49

V 16 00.18.29

29 T7

CDD LISO

3.55

V 16 00.18.43

30 T7

MMS

3.76

V 38 00.19.30

31 T8

4.08

V 38 00.20.00

32 T8

4.23

V 32 00.20.14

33 T9

4.32

V 32 00.20.25

34 T9

4.42

V 32 00.20.36

35 T9

4.45

V 32 00.20.39

36 T9

4.51

V 17 00.20.46

37 T10

CDD EROSOES

4.65

V 17 00.21.16

38 T10

4.91

0.00

N 2' 00.22.11

39 T11

0.00

V 38 00.24.11

40 T12

0.50

V 38 00.24.58

41 T12

0.65

V 32 00.25.12

42 T13

0.75

V 32 00.25.23

43 T13

PPAL

0.83

V 40 00.25.32

44 T14

0.89

V 40 00.25.38

45 T14

1.11

V 40 00.25.58

46 T14

1.32

V 15 00.26.17

47 T15

LISO

1.38

V 15 00.26.31

48 T15

1.42

V 32 00.26.41

49 T16

1.56

V 26 00.26.56

50 T17

1.82

V 26 00.27.32

51 T17

1.90

V 26 00.27.43

52 T17

2.03

V 26 00.28.01

53 T17

2.22

V 26 00.28.28

54 T17

GASSS

2.55

V 26 00.29.13

55 T17

2.66

V 26 00.29.29

56 T17

2.73

N 1' 00.29.38

57 T18

2.73

V 39 00.30.38

58 T19

2.93

V 39 00.30.57

59 T19

3.78

V 31 00.32.15

60 T20

3.78

V 31 00.32.15

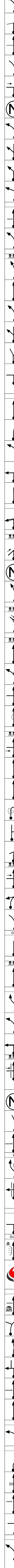
60 T20

3.78

V 31 00.32.15

60 T20




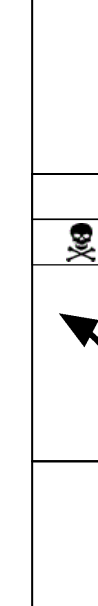

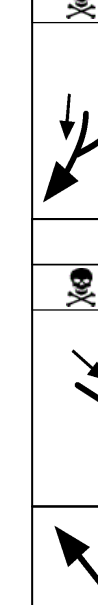

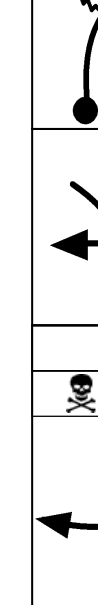





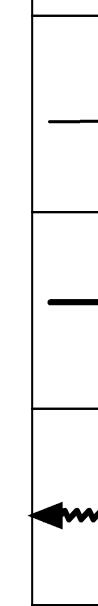


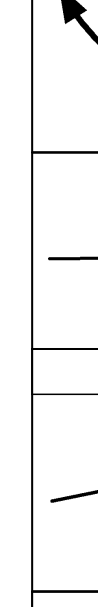


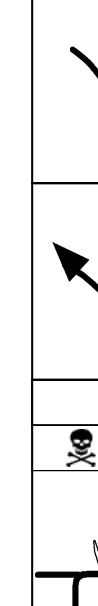

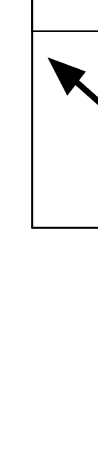
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	3.83	
	V 24	00.32.21
	61	T21
DESCE LISO		
	4.03	
	V 24	00.32.51
	62	T21
	4.06	
	V 24	00.32.56
	63	T21
	4.11	
	V 24	00.33.03
	64	T21
	4.48	
	V 30	00.33.59
	65	T22
	4.67	
	V 36	00.34.21
	66	T23
	4.79	
	V 36	00.34.33
	67	T23
VALA		
	4.92	
	V 36	00.34.46
	68	T23
	5.01	
	V 36	00.34.55
	69	T23
	5.03	
	V 36	00.34.57
	70	T23
MSC PPAL		
	5.32	
	N 2'	00.35.26
	71	T24
	0.00	
	V 42	00.37.26
	72	T25
MSC		
	0.33	
	V 42	00.37.55
	73	T25
MSC		
	0.98	
	V 42	00.38.50
	74	T25
MSC		
	1.22	
	V 42	00.39.11
	75	T25
MSC		
FAZENDA SEGREDO		
	1.28	
	V 30	00.39.16
	76	T26
	1.30	
	V 30	00.39.18
	77	T26
	1.36	
	V 30	00.39.26
	78	T26
GASSS		
	1.48	
	V 30	00.39.40
	79	T26
BAND		
	1.55	
	V 30	00.39.48
	80	T26
	1.70	
	V 30	00.40.06
	81	T26
	1.76	
	V 30	00.40.14
	82	T26
	1.82	
	V 30	00.40.21
	83	T26
	1.88	
	V 30	00.40.28
	84	T26
	2.05	
	V 30	00.40.48
	85	T26
BAND		
	2.15	
	V 30	00.41.00
	86	T26
BAND		
	2.49	
	V 30	00.41.41
	87	T26
MMS		
	2.51	
	N 2'	00.41.44
	88	T27
	2.51	
	V 32	00.43.44
	89	T28
	2.56	
	V 32	00.43.49
	90	T28
	2.58	
	V 32	00.43.52
	91	T28
	2.88	
	V 32	00.44.25
	92	T28
	3.24	
	V 32	00.45.06
	93	T28
MMS		
	3.28	
	V 38	00.45.10
	94	T29
	3.37	
	V 38	00.45.19
	95	T29
	3.48	
	V 38	00.45.29
	96	T29
	3.67	
	V 38	00.45.47
	97	T29
BAND		
	3.71	
	V 38	00.45.51
	98	T29
	3.83	
	V 38	00.46.02
	99	T29
	3.92	
	V 24	00.46.11
	100	T30
	4.49	
	V 24	00.47.36
	101	T30
	4.56	
	V 24	00.47.47
	102	T30
	4.62	
	V 24	00.47.56
	103	T30
	4.68	
	V 24	00.48.05
	104	T30
	4.82	
	V 24	00.48.26
	105	T30
	5.00	
	V 24	00.48.53
	106	T30
	5.02	
	N 2'	00.48.56
	107	T31
	0.00	
	V 38	00.50.56
	108	T32
	0.35	
	V 38	00.51.29
	109	T32
	0.49	
	V 38	00.51.42
	110	T32
	0.50	
	V 38	00.51.43
	111	T32
PÉ QUEBRADO		
	0.57	
	V 38	00.51.50
	112	T32
	0.61	
	V 45	00.51.54
	113	T33
	0.71	
	V 45	00.52.02
	114	T33
	0.81	
	V 15	00.52.10
	115	T34
	0.82	
	V 15	00.52.12
	116	T34
	0.91	
	V 15	00.52.34
	117	T34
	0.96	
	V 15	00.52.46
	118	T34
	1.01	
	V 15	00.52.58
	119	T34
EROSOES		
	1.04	
	V 33	00.53.05
	120	T35
	1.19	
	V 33	00.53.21
	121	T35
	1.38	
	V 33	00.53.42
	122	T35
	1.44	
	V 33	00.53.49
	123	T35
	1.47	
	V 33	00.53.52
	124	T35
MMS		
	1.74	
	V 42	00.54.21
	125	T36



	1.79	V 42 00.54.26
	2.00	V 42 00.54.44
	2.04	V 42 00.54.47
	2.49	V 12 00.55.26
	2.66	N 2' 00.56.17
	2.66	V 38 00.58.17
	2.91	V 38 00.58.40
	3.22	V 19 00.59.10
	3.40	V 19 00.59.44
	3.62	V 38 01.00.25
MANGUEIRA		
	3.82	V 38 01.00.44
	3.85	V 38 01.00.47
MMS		
	4.02	V 38 01.01.03
	4.07	V 38 01.01.08
	4.32	V 38 01.01.32
	4.64	V 26 01.02.02
	4.82	V 26 01.02.27
	5.06	V 30 01.03.00
BAND		
	0.36	V 30 01.03.43
	0.43	V 30 01.03.52
	0.47	V 22 01.03.57
	0.62	V 22 01.04.21
	0.73	V 17 01.04.39
BAND		
	1.22	V 17 01.06.23
PPAL		
	1.45	N 3' 01.07.12
	1.45	V 40 01.10.12
	1.76	V 40 01.10.39
MMS		
	2.06	V 37 01.11.06
MMS		
	2.12	V 37 01.11.12
	2.36	V 37 01.11.36
	2.67	V 37 01.12.06
	2.69	V 26 01.12.08
MMS		
	2.73	V 26 01.12.13
	2.83	V 26 01.12.27
	2.88	V 26 01.12.34
	2.99	V 26 01.12.49
	3.21	V 30 01.13.20
	3.63	V 30 01.14.10
	3.80	V 30 01.14.31
	3.85	V 30 01.14.37
	4.22	V 21 01.15.21
DESCIDA DO LUCIO		
	4.65	V 21 01.16.35
DESCE LISOOO		
	4.81	V 14 01.17.02
VOCE ESCOLHE		
	4.88	V 14 01.17.20
	5.10	V 14 01.18.17
	5.23	V 27 01.18.50
	5.53	N 2' 01.19.30
	0.00	V 31 01.21.30
	0.05	V 31 01.21.36
	0.28	V 31 01.22.03
BEIRE LAVOURA		
	0.41	V 31 01.22.18
	0.64	V 48 01.22.44
	0.00	V 48 01.22.44
PPLA		
	0.64	V 48 01.23.32
SUBIDA CHUCHARSKI		
	0.77	D 2' 01.23.42
GTE Competições		
COLCHETE		
	0.89	V 32 01.25.42
	1.03	V 32 01.25.51
	1.11	V 32 01.25.55
	1.14	V 32 01.25.59
	1.18	V 32 01.26.11
GASSS		
	1.38	V 32 01.26.22
GASSS		
	2.06	V 22 01.27.38
	2.27	V 22 01.28.12
	2.41	V 22 01.28.35
	2.48	V 22 01.28.47
AMENDIM		
	2.68	N 3' 01.29.19
	0.00	N 3' 01.29.19

	0.00	V 23 01.32.19	192 T61
VALA			
	0.10	V 21 01.32.35	193 T62
	0.16	V 21 01.32.45	194 T62
	0.84	V 21 01.34.42	195 T62
	0.87	V 27 01.34.47	196 T63
	1.27	V 27 01.35.40	197 T63
	1.47	V 27 01.36.07	198 T63
	1.59	V 27 01.36.23	199 T63
	1.67	V 27 01.36.34	200 T63
	1.84	V 27 01.36.56	201 T63
	2.03	V 27 01.37.22	202 T63
	2.15	V 27 01.37.38	203 T63
	2.40	V 27 01.38.11	204 T63
	2.42	V 27 01.38.14	205 T63
	2.45	V 27 01.38.18	206 T63
	2.75	V 27 01.38.58	207 T63
	3.03	V 27 01.39.35	208 T63
BATIDO DE VACA			
	3.45		
	0.00	V 15 01.40.31	209 T64
	0.16	V 15 01.41.10	210 T64
	0.69	D 2' 01.43.17	211 T65
	0.82	V 33 01.45.17	212 T66
	1.06	V 33 01.45.43	213 T66
MMS			
	1.50	V 33 01.46.31	214 T66
	1.76	V 33 01.46.59	215 T66
	1.80	V 33 01.47.04	216 T66
	1.98	V 18 01.47.23	217 T67
	2.03	V 18 01.47.33	218 T67
	2.19	V 29 01.48.05	219 T68
	2.24	V 29 01.48.11	220 T68
	2.40	V 20 01.48.31	221 T69
	2.46	V 20 01.48.42	222 T69
	2.52	V 20 01.48.53	223 T69
	2.63	V 20 01.49.13	224 T69
	2.80	V 20 01.49.43	225 T69
	2.85	V 20 01.49.52	226 T69
	2.94	V 28 01.50.09	227 T70
	3.00	V 28 01.50.16	228 T70
	3.07	V 28 01.50.25	229 T70
	3.22	V 20 01.50.45	230 T71
	3.25	V 20 01.50.50	231 T71
	3.31	V 20 01.51.01	232 T71
	3.48	V 20 01.51.31	233 T71
	3.63	V 29 01.51.58	234 T72
	3.72	V 29 01.52.09	235 T72
	3.79	V 29 01.52.18	236 T72
	3.85	V 29 01.52.26	237 T72
	4.00	V 40 01.52.44	238 T73
	4.34	V 40 01.53.15	239 T73
	4.42	V 40 01.53.22	240 T73
	4.55	V 40 01.53.34	241 T73
	4.62	V 40 01.53.40	242 T73
	4.80	V 40 01.53.56	243 T73
	5.00	V 40 01.54.14	244 T73
	5.08		
	0.00	V 40 01.57.21	246 T75
	0.31	V 40 01.57.49	247 T75
	0.46	V 33 01.58.03	248 T76
	0.60	V 33 01.58.18	249 T76
	0.65	V 33 01.58.24	250 T76
VALA			
	0.73	V 33 01.58.32	251 T76
	0.75	V 33 01.58.34	252 T76
	0.95	V 33 01.58.56	253 T76
	1.07	V 33 01.59.09	254 T76
	1.22	V 33 01.59.26	255 T76
	1.48	V 33 01.59.54	256 T76
	1.59	V 33 02.00.06	257 T76
	1.69	V 33 02.00.17	258 T76
	1.83	V 24 02.00.32	259 T77

	2.30
V 24	02.01.43
260	T77
	2.33
V 43	02.01.47
261	T78
	2.57
V 43	02.02.07
262	T78
	2.73
V 43	02.02.21
263	T78
	3.25
	0.00
N 2'	02.03.04
264	T79
	0.00
V 30	02.05.04
265	T80
	0.17
V 30	02.05.25
266	T80
	0.18
V 30	02.05.26
267	T80
	0.31
V 30	02.05.42
268	T80
	0.46
V 30	02.06.00
269	T80
	0.50
V 30	02.06.04
270	T80
	0.68
V 30	02.06.26
271	T80
	0.85
V 30	02.06.46
272	T80
MSC	
PPL	
	0.92
D 3'	02.06.55
273	T81
MSC	
	1.37
274	T81
	1.47
275	T81
	1.56
276	T81
ZERE NO POSTE	
SAO DOMINGOS	
	1.66
	0.00
N 10'	02.09.55
277	T82
1 NEUTRO 10MINUTOS	
	0.00
D 3'	02.19.55
278	T83
	0.09
279	T83
MSC	
	0.26
280	T83
MSC	
	0.71
V 45	02.22.55
281	T84
	1.07
V 45	02.23.24
282	T84
	1.23
V 45	02.23.36
283	T84
	1.44
V 28	02.23.53
284	T85
	1.48
V 28	02.23.58
285	T85
	1.57
V 28	02.24.10
286	T85
VALA	
	1.68
V 28	02.24.24
287	T85
VALA	
	1.71
V 28	02.24.28
288	T85
	1.86
V 28	02.24.47
289	T85
	1.89
	0.00
V 30	02.24.51
290	T86
	0.19
V 30	02.25.14
291	T86
	0.98
V 30	02.26.49
292	T86
	1.27
V 30	02.27.23
293	T86
MMS	
	1.29
V 30	02.27.26
294	T86
	1.73
V 30	02.28.19
295	T86
MATO/ROÇA	
	2.03
V 22	02.28.55
296	T87
LISO	
	2.50
V 9	02.30.11
297	T88
	2.66
V 20	02.31.15
298	T89
	3.07
V 20	02.32.29
299	T89
GASSS	
	3.14
V 20	02.32.42
300	T89
	3.53
V 20	02.33.52
301	T89
FAÇÃO	
	3.68
V 20	02.34.19
302	T89
	4.67
N 3'	02.37.17
303	T90
	4.67
V 32	02.40.17
304	T91
	4.84
	0.00
V 32	02.40.36
305	T92
	0.20
V 32	02.40.59
306	T92
MMS	
	0.67
V 32	02.41.52
307	T92
	0.93
V 32	02.42.21
308	T92
	0.98
V 32	02.42.27
309	T92
	1.28
V 32	02.43.00
310	T92
	1.42
V 32	02.43.16
311	T92
	1.50
V 32	02.43.25
312	T92
BAND	
	1.75
D 1'	02.43.53
313	T93
	1.77
314	T93
	1.79
315	T93
	1.81
316	T93
PPAL	
	1.83
V 42	02.44.53
317	T94
	1.87
V 42	02.44.57
318	T94
MSC	
	2.41
V 42	02.45.43
319	T94
MSC	
	3.33
V 42	02.47.02
320	T94
	3.65
V 42	02.47.29
321	T94
	3.94
V 24	02.47.54
322	T95
	4.31
V 24	02.48.50
323	T95

PPAL	
	4.35 V 42 02.48.56 324 T96
	4.74 V 19 02.49.29 325 T97
	4.77 V 19 02.49.35 326 T97
	4.84 V 42 02.49.48 327 T98
	4.98 V 42 02.50.00 328 T98
ZERE NO POSTE	
BAR DO CORREIA	
	6.04 0.00 N 25' 02.51.31 329 T99
NEUTRO PRINCIPAL	
25 MINUTOS	
	0.00 D 3' 03.16.31 330 T100
	0.03 331 T100
	0.14 332 T100
MSC	
	0.32 333 T100
MSC	
	0.77 334 T100
	0.90 V 29 03.19.31 335 T101
	1.41 V 29 03.20.34 336 T101
MEIO PINUS	
	1.45 V 29 03.20.39 337 T101
	1.56 V 29 03.20.53 338 T101
MMS	
	1.60 V 42 03.20.58 339 T102
MMS	
	1.80 V 42 03.21.15 340 T102
	1.98 V 42 03.21.30 341 T102
	2.31 V 42 03.21.59 342 T102
	2.65 V 33 03.22.28 343 T103
	2.79 V 33 03.22.43 344 T103
	2.98 V 33 03.23.04 345 T103
	3.34 V 33 03.23.43 346 T103
MMS	
	3.35 V 33 03.23.44 347 T103
	3.80 V 33 03.24.33 348 T103
MMS	
	3.92 V 33 03.24.46 349 T103
	3.95 V 33 03.24.50 350 T103
PPAL	
	4.66 0.00 N 2' 03.26.07 351 T104
	0.00 V 42 03.28.07 352 T105
	0.39 V 42 03.28.40 353 T105
PELA ABANDONADA	
	0.79 V 24 03.29.15 354 T106
	1.02 V 24 03.29.49 355 T106
	1.21 V 24 03.30.18 356 T106
	1.49 V 24 03.31.00 357 T106
	1.52 V 24 03.31.04 358 T106
	1.65 V 24 03.31.24 359 T106
	1.94 N 2' 03.32.07 360 T107
	1.94 V 42 03.34.07 361 T108
	2.32 V 42 03.34.40 362 T108
	2.34 V 42 03.34.41 363 T108
	2.67 V 33 03.35.10 364 T109
	2.78 V 33 03.35.22 365 T109
	3.04 V 42 03.35.50 366 T110
	3.68 0.00 V 42 03.36.45 367 T111
	0.35 V 42 03.37.15 368 T111
CONEXAO	
	1.35 0.00 V 42 03.38.41 369 T112
	0.04 V 42 03.38.44 370 T112
	0.75 V 19 03.39.45 371 T113
	1.12 V 19 03.40.55 372 T113
	1.20 V 19 03.41.10 373 T113
PPAL	
	1.27 V 42 03.41.23 374 T114
MMS	
	2.76 0.00 V 39 03.43.31 375 T115
	0.82 V 39 03.44.47 376 T115
	1.12 V 39 03.45.15 377 T115
	1.41 V 36 03.45.41 378 T116
	2.95 V 36 03.48.15 379 T116
	3.51 0.00 V 33 03.49.11 380 T117
	0.20 V 33 03.49.33 381 T117
	0.32 V 33 03.49.46 382 T117
VALA	
	1.02 V 33 03.51.03 383 T117
	1.21 V 33 03.51.23 384 T117
ARVORE CAIDA	
	1.31 V 33 03.51.34 385 T117
	1.97 V 33 03.52.46 386 T117
PPAL	
	2.23 V 33 03.53.15 387 T117

	4.96	V 30	04.36.54
	457		T137
	5.24	V 30	04.37.27
	458		T137
	5.54		
	0.00	V 36	04.38.03
	459		T138
	0.03	V 36	04.38.06
	460		T138
	1.05	V 36	04.39.48
	461		T138
	1.75	V 36	04.40.58
	462		T138
	1.77	V 30	04.41.00
	463		T139
	1.88	V 30	04.41.13
	464		T139
	2.14	V 30	04.41.45
	465		T139
DESCE FORTE			
	2.62	V 30	04.42.42
	466		T139
	2.72	N 3'	04.42.54
	467		T140
	2.72	V 24	04.45.54
	468		T141
PPAL			
	3.17	V 42	04.47.02
	469		T142
	3.27	V 42	04.47.10
	470		T142
	3.43	V 42	04.47.24
	471		T142
NARCIZO			
	3.58	V 42	04.47.37
	472		T142
	3.77	V 42	04.47.53
	473		T142
	3.96	V 42	04.48.10
	474		T142
	4.23	V 39	04.48.33
	475		T143
	4.26	V 39	04.48.35
	476		T143
	4.74	V 39	04.49.20
	477		T143
	4.82	V 39	04.49.27
	478		T143
	5.51	V 39	04.50.31
	479		T143
	5.99	V 39	04.51.15
	480		T143
PELA PRINCIPAL			
	6.03	V 36	04.51.19
	481		T144
	6.35	V 36	04.51.51
	482		T144
PPAL			
	6.91		
	0.00	V 42	04.52.47
	483		T145
	0.16	V 42	04.53.00
	484		T145
	3.03	V 42	04.57.06
	485		T145
INICIO ASFALTO			
	3.48		
	0.00	V 42	04.57.45
	486		T146
	0.07	D 15'	04.57.51
	487		T147
BAIXO VIADUTO			
	0.11		
	488		T147
	0.21		
	489		T147
	0.38		
	490		T147
	1.05		
	491		T147
	1.34		
	492		T147
	1.67		
	493		T147
	2.23		
	494		T147
BR			
	2.49		
	495		T147
	2.85		
	496		T147
PONTE DO ARCO			
	3.61		
	497		T147
POSTO OTTO			
	4.37		
	498		T147
CTG FRONTEIRA			
	4.98		
	499		T147
APAE			
	5.71		
	500		T147
REI DO AMASSADO			
	6.64		
	501		T147
	6.74		
	502		T147
CLUBE NAUTICO			
HOBI			
	6.89	N 1s	05.12.51
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